



**Community & Primary Health Care**  
*Making A Difference In Your Community*

## Duet – Enhanced Friendly Visiting/Companion Care **VOLUNTEER CAREGIVERS**

### **CPHC is currently recruiting Senior Volunteer Caregivers from communities across Lanark, Leeds & Grenville.**

This new program provides an alternative to traditional respite, engaging volunteers in providing support and companionship to a senior while the caregiver remains in the home. It's about sharing a little time together – a few hours a week can make a world of difference!

**For more information please call Michelle Shepherdson, Volunteer Manager  
at 613-342-3693 ext. 227 or toll-free 1-800-465-7646**

*Upcoming Volunteer Orientation and Training Schedule:*

Brockville – Monday, September 12  
Athens – Tuesday, September 13  
Prescott – Wednesday, September 14  
North Leeds – Thursday, September 15  
Gananoque – Friday, September 16



*"Partners for a Safe and Healthy Community"*

A Member Agency of United Way